Lynsey Brown (to All - Entire Audience): 12:04 PM: For anyone keen to tweet during the session today please use the hashtag #AAGwebinar (and if you haven't already, make sure you follow @gerontologyau):)

Imogen Craig: Hi Alison - do you mean as applied to your work or personal life? If so, both! You might prefer to focus on the values you use in your work life, but including your personal life is equally appropriate.

Narelle Campbell: All Australians regardless of their geographical location should have access to high quality health care.

Jodie Hillen: We can deliver optimal quality of care to aged care residents. We can reduce the medication burden on aged care residents and in turn improve outcomes and reduce economic waste. Being aware of my personal priorities helps me to be productive and happy.

Amee Morgans: I believe that researchers should work more collaboratively - with each other, with service providers and with governments

Michelle Kelly: We should ask lots of questions

Joanne Harmon: nurses should provide culturally congruent care for the older hospitalized person

Alison Rahn: our sexuality is fundamental to being human

Amee Morgans: I believe the end game of research should be policy influence and system level change, rather than small pockets of isolated innovation

Saraswathy Venkataraman: research is important to even clarify small issues even if it appears insignificant for the moment. How do we know unless it is researched well. Thank you.

Alison Rahn: research can only be applied if people know about it

Helen Rawson: Our research must always consider individuals from culturally and linguistically diverse groups

Clare McNally: It is hard to do these on the spot - I would have liked to have prepared this earlier - did I miss a preparation email? My beliefs marry well with Ash’s - but I would add life-work balance as an important belief

Imogen Craig: Hi Clare, I absolutely understand that it is tricky to think this through on the spot. This program usually takes 4 weeks to complete! In the materials section of the webinar you can download the program workbook, if you haven't already, this will guide you through the process after the webinar is finished.