



Wednesday 24th September 2014



6:00pm - 6:30: Registration and nibbles
6:30pm - 8:30pm: Presentation



Hosted at Robert Douglas Auditorium (Eg.052), Education Block, Townsville Hospital, 100 Angus Smith Dr, Douglas QLD
Livestreamed at Cairns Auditorium, Level 2, Block A, Cairns Base Hospital, The Esplanade, Cairns, QLD



AAG Members: \$10.00
Student/Concession Members: \$5.00
Non-Members: \$30.00
Student/Concession Non-Members: \$15.00

Frailty for All or Successful Ageing: What are the Options?

Hear from leading expert:
AAG Inaugural National Travelling Fellow



PROF LEON FLICKER
Professor of Geriatric Medicine, Director, Western Australian Centre for Health & Ageing; Centre for Medical Research, University of Western Australia

Professor Leon Flicker has trained clinically in research in Sydney, Newcastle and Melbourne and was appointed inaugural Professor of Geriatric Medicine at the University of Western Australia in 1998. He established a productive research unit aimed at translational issues focusing on the health needs of older people culminating in 2006 at the Western Australian Centre for Health and Ageing at the University of Western Australia. Leon remains a practicing geriatrician and is Head of Inner City Geriatric Services at Royal Perth Hospital. Leon has served on numerous government committees addressing the health needs of older people. He is a Past President of the Australian and New Zealand Society for Geriatric Medicine. He has published over 250 peer-reviewed articles addressing a wide variety of health issues in older people



Frailty can now be viewed as a progressive loss of physiological reserve in one or more of the major body systems. Such individuals are vulnerable to relatively minor insults that may lead to the development of stereotypical geriatric clinical syndromes, such as falls. Although the associated risk factors for the development of frailty and geriatric syndromes are increasingly being determined, major challenges remain.

- Can we determine the point at which the cascade of deleterious consequences may occur?
- What interventions will reduce frailty and provide increased longevity without major morbidity?

Leon will discuss the importance of lifestyle and psychosocial factors, in addition to genetic factors, for increasing the probability of reaching older years in a healthy state. He will address factors such as body mass index which may have differing effects throughout the life course. He will also examine how older people can still be actively engaged with social activities, without major perceived restrictions, even in the presence of major chronic diseases and associated disability.

Registration

Online registrations now available.
Visit: <http://www.aag.asn.au/>

How to register

Online at: www.aag.asn.au Email: enquiries@aag.asn.au
Post: Suite 8, 322 St Kilda Road, St Kilda, Vic 3182
For more information, please contact enquiries@aag.asn.au or 03 9939 8693

Event Name Frailty for All or Successful Ageing: What are the Options?

Title Mr Ms Mrs Dr A/Prof Prof

First Name Last Name

Organisation Position

Address

Suburb State Postcode

Phone Mobile

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Event Pricing

\$10 for Members

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Please select the location you are attending:

Robert Douglas Auditorium, Townsville Hospital

Cairns Auditorium, Cairns Base Hospital

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