The Illawarra Shoalhaven Local Health District

Setting a Research Agenda For or With Older People
Speaker

**Name:** Dr Marianna Milosavljevic  
**Title:** Director of Research, Illawarra Shoalhaven Local Health District.  
**Role:** To support clinicians to undertake research within the clinical setting.  
**Our Business:**  
“Research is the Search for Better Patient Care”
The First Hospital In This Region

The Albert Memorial Hospital in Flinders Street, Wollongong, opened on the 27th September, 1864 and closed in November, 1907.
Wollongong Hospital - 1907

Official Opening 27/7/1907 — Flags and Bunting by late Captain Fraser
Opening 27th July, 1907
The Future

- Wollongong Hospital 2015
The Changing Face(s) of Ageing
Oldest Living Illawarra Resident in 1895-
85 Years of Age
Alexander Stewart

15 May 1895 - The Sydney Morning Herald - p8

DEATH OF AN OLD IDENTITY.

WOLLONGONG, Tuesday.

Mr. Alexander Stewart, who has for many years been noted as the oldest living resident of Illawarra district, died last night, aged 85. He was born in Ireland in 1810, and arrived at Wollongong on the 24th February, 1828, when there were not more than 50 males, 10 married women, and 16 children in the whole of the coastal district, from Bath to Jamberoo. He served for some years in the police force, and had resided in the town ever since, earning the respect of all with whom he came in contact. He had a splendid constitution, and enjoyed excellent health until a week or two ago. He had a remarkable clear memory, which enabled him to relate very freely numerous historical incidents concerning the settlement of the district. Mr. Stewart was an enthusiastic member of the local lodge of Sons and Daughters of Temperance, and at the time of his death had been a total abstinence for upwards of 50 years. One of his daughters is the wife of Alderman Kitty.

ALBURY, Tuesday.

At the Police Court to-day several manufacturers of mineral waters were summoned by the Trades Marks Protection Association for wrongly using bottles, the property of Tooth & Co., Sydney, and bearing that firm's registered trade-mark. Over 20 summonses had been issued, and where the cases were settled on it was announced that the defendants had

Page 8 articles

• COUNTRY NEWS. (FROM OUR down CORRESPONDENTS), THE DAIRYING INDUSTRY, NOWRA, Tuesday,

The Lindyandy Dairy Company received during April 74,397 gallons of milk, producing 32,5121b. of butter. It took 227/88b. of milk to make a pound of butter. Suppliers were paid 6d for butter fat,

[Article] (188 words)

• THE NEWCASTLE COAL TRADE, NEWCASTLE, Tuesday.

The Hottont miners have accepted the arrangements made on Saturday last

•
Oldest Living Illawarra Resident in 2012

- Eva McConnell 112 years of age
Illawarra Shoalhaven Statistics

- 61% of all bed days are people who are over 65 years.

- 48% of all admissions are people who are over 65 years of age.
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<td>Older rehabilitation patients are at high risk of malnutrition: evidence from a large Australian database</td>
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<td>Malnutrition is highly prevalent and associated with final discharge destination in two sub-acute aged-care facilities in the Illawarra</td>
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<td>Pilot projecting trialling home based mirror therapy to improve the functional outcomes of geographically isolated patients with a hemiplegic upper limb post stroke</td>
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<td>Poor nutritional status of older sub-acute patients predicts clinical outcomes and mortality at 18 months of follow up</td>
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<td>Single leg squats identify independent stair negotiation ability in older adults referred for a physiotherapy mobility assessment at a rural hospital</td>
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<td>Interventions of preventing falls in older people in nursing care facilities and hospitals</td>
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<td>A study of psychiatric and physical morbidity among residents of old age home</td>
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<td>Interventions of preventing falls in older people in nursing care facilities and hospitals</td>
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<td>Screening colonoscopy in the elderly – at what stage has your patient had a gut full?</td>
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<td>Improving outcomes for dementia care in acute aged care: Impact of an education program</td>
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Research Projects 2010-2014

1. Strategies which recruit and retain dementia & aged care nurses in Australian health care settings
2. The BEST @ Home Falls Prevention Pilot Project
3. Improving service provision for early onset Dementia: The INSPIRED Study
4. Development of a novel Decision Aid for drivers with dementia: consumer views
5. Evaluation of the Community Dementia Clinical Nurse Consultant Positions in NSW
6. Biometric Gait Analysis for Fall Risk Assessment in Older People
7. Baseline characteristics and prevalence of adherence to mediterranean diet in patients with early dementia: A Cross Sectional study
8. SUSTAIN (Stopping Undernutrition and Sarcopenia Through Activities At Home): Bringing together allied health services
Projects on the Older Client

1. A picture of patients admitted to Shellharbour Hospital: at-risk malnutrition screening scores are associated with ward, diagnosis-related group and age.

2. A picture of patients in the smaller Northern Illawarra Hospitals (Bulli and Kiama district Hospitals) – Demographics, nutritional status and discharge destinations.

3. CONECTing the patient to better nutrition: A retrospective evaluation of changes in nutritional status in elderly patients accessing the CONECT nutrition ambulatory care service. 2009

4. Raise a glass to better nutrition – A comparison of food service practices and the impact on supplemental drink consumption in an at-risk acute care geriatric population. 2009

5. CONECTing our older patients to better nutrition -Beyond the hospital walls. 2010


7. Outpatient nutrition services have potential to impact malnourished hospital patients- Malnutrition screening and assessment of patients admitted to SHH, BDH, KDH. 2011.

8. Dietetic Intervention in the Transitional Aged Care Setting. 2011

9. Determining the need for a community based nutrition and lifestyle social support group for the elderly. 2012

10. Coordinating access to food & nutrition service to assist older DVA clients post hospital discharge: The story so far. 2012.


12. Tracking an elderly patients nutritional journey through their hospital admission. 2012

13. Aged Care Practioner perceptions. 2013


15. Eating ways of the DVAs: Dietary intake of community dwelling elderly DVA clients six months post hospital discharge. 2013
Potential Projects

- Inclusion Strategies to co-develop projects
- Improving the quality of care and the hospital experience for our older clients.
- The Emergency Department experience.
- Rehabilitation and the Older Person
- Linking services across the care continuum.
UPCOMING EVENT

- November 7th, 2014
- Community Research Forum
- Wollongong Hospital
- Opportunity for the community to contribute to the research agenda
2014 Community Research Forum

Guest Speakers
- Prof Wilf Yeo
- Dr John Carmody
- A/Prof Stuart McKay
- A/Prof Bruce Ashford
- Clinical Prof Jan Potter
- Tony Tiberio - Nurse
- Sr Deborah Cameron
- Sr Julia Kittscha
- Ms Sue Fitzpatrick
- Ms Allison Ferguson
- Ms Kristen Farrell
- Prof Mori Agmeshi
- Dr Martin Carolan
- Dr Paul Van Den Dolden
- Prof Loneran
- A/Prof Murali
- Dr Thomas Lee
- Dr Alistair Reid