

March 2019

Dear ACT AAG Members and Friends,

We are pleased to share with you the following updates:

1. Stay tuned for upcoming AAG ACT events in 2019 – to be announced in April!
 - Save the dates for the 52nd AAG Conference, to be held at the International Convention Centre in Sydney from the 5th to the 8th of November, 2019.
2. Other events in the ACT region:
 - This week is Seniors Week, and tomorrow (Thursday, 21st March) is the ACT Seniors Week Expo at the Budawang Pavilion at the Exhibition Park in Canberra (EPIC).
 - You can find the list of exhibitors [here](#).
 - Upcoming CEPAR seminar: Workshop on Data Linkage for Ageing Related Research:
 - Data Linkage for ageing related research: How far have we come? How much further to go?
 - When: Wednesday, 10th April at ANU. This is an invite-only event. Click [here](#) if interested in attending.
 - The 8th International Conference on Ageing and Spirituality is being held in Canberra later this year.
 - When: 27-30th October 2019 at Old Parliament House. More details [here](#).
3. Canberra region based research making news!
 - Results from the PATH Through Life project study based in Canberra and Queanbeyan found older people following the MIND (Mediterranean-DASH Intervention for Neurodegenerative Delay) dietary pattern had a reduced risk of developing cognitive impairment over 12 years.
 - You can learn more about the study [here](#) and read the full publication [here](#).
 - Chief investigator, Prof Kaarin Anstey discussed the research on ABC Breakfast [here](#).
4. Living with Dementia and Driving “CarFreeMe” program recruiting in the greater Canberra region, Yass, Goulburn, Cooma and the Illawarra:
 - The program is a national NHMRC funded study designed to support people living with dementia and their family members to cope with driving, and stopping driving.
 - Read more in the Canberra Times [here](#).
 - Know someone who might be interested? Reply to this email or contact Amy Nussio by clicking [here](#) or calling 0457 779 766.
5. Are you an AAG ACT member with a recent publication? Let us know so that we can feature your research in our newsletters.
 - Are you publishing your research soon? [PLOS ONE](#) is seeking more submissions in Geriatrics and Gerontology.
 - In the field of Gerontology, we aim to publish the highest quality, innovative research addressing all aspects of ageing. In this way, it informs its readers on new and advanced data on basic (including animal models) and clinical aspects of old age. The journal welcomes studies aimed at bridging the gap between these two aspects, as well as research-oriented towards modulation of the process of ageing and age-related diseases. PLOS ONE’s broad scope provides a

platform to publish primary research, including interdisciplinary and replication studies as well as negative results.– Calogero Caruso, Academic Editor.

Warm Regards,

ACT AAG Committee