

Dear ACT AAG Members and Friends,

We are pleased to share with you the following updates:

### **1. Upcoming AAG Events:**

- Art, Ageing & Dementia Symposium
  - This FREE evening event co-organised by the National Gallery of Australia and AAG, is open to the public and will highlight national and international perspectives in the field. The speakers include Adriane Boag (Program Producer), Yoko Hayashi (Arts Alive, Japan), and Nathan D’Cunha (PhD Candidate, University of Canberra).
  - When & Where: National Gallery of Australia, Parkes Place East, Canberra at 5 pm on the 24<sup>th</sup> of September, 2019.
  - More information [here](#) and please book [here](#).
- Save the dates for the 52<sup>nd</sup> AAG Conference, to be held at the International Convention Centre in Sydney from the 5<sup>th</sup> to the 8<sup>th</sup> of November:
  - The theme this year is “Coming of Age Together: New Ways of Knowing & Acting”. Registration information can be found [here](#).

### **2. Eating & Ageing Event Recap:**

- Thank you to all attendees for sharing food and knowledge with us and engaging on the important topic of “Eating and Ageing” at our recent event. For those who couldn’t make it, here is a quick summary: Dr Diane Hosking started our discussion with some of the latest evidence on dietary factors associated with cognition in later life, suggesting that it is not always easy to evaluate the evidence nor to make dietary changes. Following up on the theme of challenges, PhD candidate Elizabeth Low presented results of her qualitative analysis of eating habits of older Canberrans living in one-person households, finding that community connectedness was an important theme to be explored further in her PhD. Finally, a lively debate ensued when Dr Richard Cumpston proposed a solution to monitoring aged care quality that involved automatically sending electronic data measuring residents’ weights directly to a quality agency. – Janet Maccora

### **3. Living Longer, Living Well: Co-Creation workshop**

- ThinkPlace and the University of Canberra are inviting everyone in the health sector to re-think the way products and services could be delivered as life expectancy rates climb up.
  - If you're working in the health or aged care sectors or related areas such as education, policy or strategy join, international design leader Dr Claire Craig from Lab4Living (Sheffield Hallam University, UK), Dr Fanke Peng (University of Canberra) and cross-sector innovators for a FREE seminar aimed at co-creating new approaches to ageing.
  - When & where: ThinkPlace, Level 4, 50 Blackall Street, Barton on the 11<sup>th</sup> of September, 2019.
  - More information and registration can be found [here](#).

### **4. Automated cars being trialled to help older Canberrans**

- The ACT government, Canberra-based company Seeing Machines and the University of Canberra are conducting an automated vehicle trial in the ACT. Twenty-three drivers in their 70’s volunteered, and the trial will soon report results on the ability of the technology to develop or maintain social capital. The research component of

the study is being led by ACT AAG member A/Prof Stephen Isbel and AAG ACT committee member Distinguished Professor Diane Gibson.

- You can read more about the study [here](#).



#### 5. Future events in the ACT and NSW:

- The Alzheimer's Association International Conference (AAIC) Satellite Symposium will be held at the Hyatt Regency between the 25<sup>th</sup> and 27<sup>th</sup> of September. More information [here](#).
- The International Research Network on Dementia Prevention (IRNDP) will be hosting a global forum on dementia prevention on the 14<sup>th</sup> & 15<sup>th</sup> of October in Sydney. More information [here](#).
- The International Workshop on Subnational Life Tables to be held between the 15<sup>th</sup> and 17<sup>th</sup> of October at the Australian National University. Find out more about the workshop [here](#).
- The 8<sup>th</sup> International Conference on Ageing and Spirituality is being held in Canberra between the 27<sup>th</sup> and 30<sup>th</sup> of October at Old Parliament House. More details [here](#).

Warm Regards,

ACT AAG Committee

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