



AAG
Australian
Association of
Gerontology

**ADVANCING NOT RETIRING:
ACTIVE PLAYERS,
A FAIR FUTURE**

AGENDA
Tuesday 20 November

WORKING TOWARDS EVIDENCED-BASED REABLEMENT APPROACHES ACROSS AGED CARE SERVICES

Time	Presenter	Organisation	Topic
09:30-09:40	Sandra South	AAG	Welcome and overview of workshop plans
09:40-09:55	Sandra South	AAG	Overview of current approaches to, and definitions of, reablement. Update from Department of Health on trial of reablement with RASs.
09:55-10:10	Nathan Hall	Uniting	How the Seniors Gym promotes reablement through increased confidence, competence and independence
10:10-10:25	Michael Fine	Macquarie University	Using the ACCOM tool to measure outcomes of reablement approaches
10:25-10:45			Break
10:45-10:55	Marguerite Bramble	Charles Sturt University	Preliminary findings from trial of reablement approaches in Tasmanian home and community care
10:55-11:00	Sandra South	AAG	Introduction of group discussion questions.
11:00-11:30			Group discussions- scribes to write notes to be collected at end of session.
11:30-12:00			Groups report back to rest of workshop participants on their discussions.
12:00-12:30	Sandra South	AAG	Whole of group discussion of responses to questions, key messages and possible recommendations/areas in need of further development

51st AAG CONFERENCE
21 – 23 NOVEMBER 2018
MELBOURNE, AUSTRALIA

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DEMENTIA AND AGED CARE SERVICES FUND



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About the Speakers
Tuesday 20 November

WORKING TOWARDS EVIDENCED-BASED REABLEMENT APPROACHES ACROSS AGED CARE SERVICES

Associate Professor Marguerite Bramble, Charles Sturt University

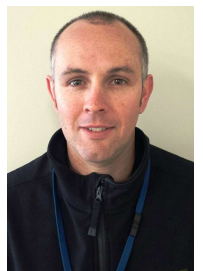
As a Registered Nurse my practice, education and research expertise is in ageing, older person care and dementia care. In my current position with CSU, part of my role is as adjunct Associate Professor with Catholic Healthcare. This role is focused on providing leadership in aged care practice innovation, which includes working collaboratively with health professionals across disciplines, developing research proposals, applying for funding and providing opportunities for aged care staff to build capability and improve care quality in this crucial area of health care.



My record of academic achievement is of national and international standing and I have a strong scholarly track record in linking nursing theory and evidence based models of care to curriculum development in undergraduate and postgraduate nursing and interprofessional programs. I have national recognition for my expertise in implementing innovative, evidence based education and clinical trial interventions, working collaboratively on projects with industry stakeholders, managers, health professionals, clients and families in aged care and dementia care. This expertise is supported by my previous experience in the corporate sector, both as a consultant, an educator and a manager. I am currently a member of the AAG Board of Directors.

Nathan Hall, Service Manager Seniors Gym, Uniting

On completing his degree in 2003 in Exercise Science, Nathan commenced working at Uniting's Seniors Gym after short period Nathan began to manage the centre. Initially the Seniors Gym was residential focused however the growth of the community program soon expanded. There is now 5 Seniors Gym's services across NSW/ ACT, over 13 Exercise Physiology lead group classes, and a growing home visit program. Currently the Seniors Gym has over 1000 clients that attend the service each month. Nathan is an Exercise Physiologist and has a keen interest in older adult individualised exercise programs especially focusing on strength training.



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Professor Michael Fine, Macquarie University

Dr Michael Fine is Honorary Professor in the Department of Sociology at Macquarie University, Sydney. He was Associate Professor and Head of Department 2008-2012. Before commencing at Macquarie in 2000 he was Senior Research Fellow at the Social Policy Research Centre (SPRC) at the University of New South Wales (UNSW).



Michael has researched, published and taught in the fields of social policy, ageing, care and human services for over thirty years. He is currently leading an ARC Linkage research project with Prof. Kathy Eagar of Australian Health Services Research Institute of the University of Wollongong on the development of an Australian Community Care Outcomes Measure (ACCOM), in collaboration with a number of leading community care providers in NSW.

Michael was Vice-President of RC11, the Research Committee on Ageing of the International Sociological Association (ISA) 2001-2009, and a member of the executive. He is a Fellow of AAG and former member of the National Executive. A long-term member of the State executive, he was elected President of the AAG, NSW Division, 1991-1995 and was Chair of the Scientific Committee for the AAG Annual Conference in 2006 and 2013.

Dr Sandra South, Senior Policy and Research Fellow, AAG

Sandra has 14 years of international experience conducting, analysing, compiling and translating research across a wide range of research fields and organisations, including in her past roles as Research and Policy Manager at Audiology Australia and Senior Research Fellow at the Department of Knowledge-Based Policy and Guidance at the National Board of Health and Welfare in Sweden. She was a Board Director of the National Alliance of Self-Regulating Health Professions and her working group contributions include that with the Primary Care Safety and Quality Framework Committee with the Australian Commission on Safety and Quality in Health Care. She has a good understanding of the health, disability and aged care sectors from a service provider perspective.



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