OVERVIEW

1. Time-blocking techniques
2. Using technology to your advantage
3. Keeping your writing goals on track
4. Planning strategies for publishing your research
MY PHD JOURNEY

THESIS WORD COUNT

20,000

10,000

0

STARTED THESIS FILE

AAAAAAHHH!!

TWO YEARS

DEADLINE
PROCRASTINATION!

BEING A GOOD WRITER
is 3% talent, 97% not being distracted by the internet
“LOST, YESTERDAY, SOMEWHERE BETWEEN SUNRISE AND SUNSET, TWO GOLDEN HOURS, EACH SET WITH SIXTY DIAMOND MINUTES. NO REWARD IS OFFERED FOR THEY ARE GONE FOREVER.”

HORACE MANN
WHAT IS WRITING?

What it isn’t:
- Editing
- Formatting
- Emails
- Data analysis
- Referencing

What it is:
- Word generation

I DON'T KNOW

WHAT I'M WRITING ABOUT!
TIME-BLOCKING TECHNIQUES

The Pomodoro method

Shut up and Write
Time-blocking apps

Anti-distraction apps

Welcome to Writer.

Used by over 817,000 writers, Writer is the coolest, fastest, distraction-free writing app around. It’s just you and your words. Learn more...

Register for free and start writing
Already a member? Sign in.

# CHAPTER I
## Down the Rabbit-Hole

Alice was beginning to get very tired of sitting by her sister on the bank, and of having nothing to do.
PLANNING YOUR WRITING TIMELINE

1. List all tasks you need to complete
2. Pick the low hanging fruit
   "How can I introduce it if I haven’t written it yet?"
3. Break it down, then
   • Break it down, then
     • Break it down, then
       • Break it down, then
         • Break it down.
**THESIS TIMELINE**

**Weeks until submission**

-24 -23 -22 -21 -20 -19 -18 -17 -16 -15 -14 -13 -12 -11 -10 -9 -8 -7 -6 -5 -4 -3 -2 -1 0

<table>
<thead>
<tr>
<th>Introduction, methods</th>
<th>4 weeks</th>
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<tbody>
<tr>
<td>Lit review</td>
<td>6 weeks</td>
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<tr>
<td>Intro, lit review, methods with supervisors</td>
<td>3 weeks</td>
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<tr>
<td>Intro, lit review, methods revisions</td>
<td>2 weeks</td>
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<tr>
<td>Discussion</td>
<td>3 weeks</td>
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<tr>
<td>Discussion with supervisors</td>
<td>2 weeks</td>
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<tr>
<td>Discussion revisions</td>
<td>3 weeks</td>
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<tr>
<td>Summary, linking sections, appendices</td>
<td>2 weeks</td>
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<tr>
<td>Full draft with supervisors</td>
<td>3 weeks</td>
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<tr>
<td>Full draft revisions</td>
<td>1 wk</td>
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<tr>
<td>Formatting</td>
<td>1 wk</td>
</tr>
<tr>
<td>Printing, binding, submit</td>
<td>1 wk</td>
</tr>
</tbody>
</table>
SEEK FEEDBACK EARLY

SUPERVISOR ASKS TO SEE A DRAFT OF YOUR PRECIOUS
PLANNING FOR PUBLICATION

1. Co-authorship
2. Choose a journal
3. Over-complicating vs salami-slicing
THANK YOU...