

An AAG Event

02

DEC



Monday, 2nd December 2013



3:30pm to 5:30pm

Hosted at UTAS, SoNM,
Lecture Theatre, Domain Campus,
Hobart CBD



Streamed live at UTAS Newnham
Campus, SoNM, Video Conference
Room M209, Launceston



FREE

Why Volunteering is Good for You

Volunteering is generally considered an altruistic activity and is intended to promote good health and to improve quality of life. Volunteering can produce a feeling of self-worth and respect with the bonus of skill development, socialization, and an enjoyable activity.

Geoff Nichols will present on the topic of Volunteering as a legacy from the 2002 Commonwealth Games - the rewards of long term volunteering. He examines the rewards experienced by long-term volunteers in the Manchester Events Volunteers programme, which allowed volunteers from the Commonwealth Games to continue volunteering regularly for events in Manchester. It focuses especially on volunteers who were retired from paid employment.

Christine Stirling will present on How to get the most of volunteering without too many downsides. She will draw on over a decade of research into volunteering to talk about the different ways that volunteering benefits us and how we can balance this with the downsides. She will also highlight how organisations can ensure they are providing volunteering roles that provide benefits for people, particularly in retirement.

Presentations will be followed by Christmas drinks and nibbles.

Hear from Leading Experts

► **DR GEOFF NICHOLS**

SENIOR LECTURER, SHEFFIELD UNIVERSITY
MANAGEMENT SCHOOL

► **DR CHRISTINE STIRLING**

DEPUTY HEAD OF SCHOOL OF NURSING AND
MIDWIFERY, & HOBART ASSOCIATE DEAN
GRADUATE RESEARCH, UNIVERSITY OF
TASMANIA.



AAG

Australian
Association of
Gerontology



volunteering tasmania
do what you love

HOW TO REGISTER

| | |
|---|---|
| Online at: www.aag.asn.au | Email: enquiries@aag.asn.au |
| Post: Suite 8, 322 St Kilda Road, St Kilda, Vic 3182 | |

EVENT NAME Why Volunteering is Good for You

PERSONAL DETAILS

 Title: Mr Ms Mrs Dr A/Prof Prof

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|----------------------|----------------------|----------------------|
| First Name | Last Name | |
| <input type="text"/> | <input type="text"/> | |
| Organisation | Position | |
| <input type="text"/> | <input type="text"/> | |
| Address | | |
| <input type="text"/> | | |
| Suburb | State | Postcode |
| <input type="text"/> | <input type="text"/> | <input type="text"/> |
| Phone | Mobile | |
| <input type="text"/> | <input type="text"/> | |
| Email | <input type="text"/> | |

EVENT PRICING

AAG Member Non Member

PLEASE SELECT THE LOCATION YOU WILL BE ATTENDING

Hosted at UTAS, Hobart CBD Live streaming at Newnham Campus, Launceston

PAYMENT DETAILS

 Please select Credit Card type or other payment method: Visa Card Mastercard

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|----------------------|-------------------------|----------------------|
| Card Number | Expiry Date | CVV No. |
| <input type="text"/> | <input type="text"/> | <input type="text"/> |
| Card Holder's Name | Card Holder's Signature | |
| <input type="text"/> | <input type="text"/> | |

Electronic Funds Transfer (EFT) payable to:
Australian Association of Gerontology
BSB no: 034 264 Account no: 261 509
Payment Reference: TAS131202_ invoice number

Cheque payable to: Australian Association of Gerontology

I understand the conditions regarding enrolment and payment above.

Signed

Dated

PRIVACY STATEMENT

Please note that information you provide will be collected for the purposes of processing your registration and recording your attendance. The AAG may also use this information to provide you with information in relation to future programs which may be relevant to you.

Please tick this box if you are not interested in receiving information.

Photographs may be taken at the event for use on various AAG materials and publications, online and print. By registering for this event, you consent to the AAG photographing and using your image and likeness. If you would not like the AAG to photograph you please let the AAG representative know at the event.

TERMS & CONDITIONS

The AAG reserves the right to alter this program or presenter(s) without further notice, however the program is intended to run as advertised. AAG reserves the right to cancel this activity due to insufficient numbers – registrants will be notified if this occurs and credit (seminar value) will be carried forward to a seminar of the participants choice or refunded. Cancellations or transfers must be advised at least 7 days prior to the event. Refunds will not be granted if a registrant fails to attend an event or cancels within 7 days of the activity.