

CAPITALISING ON THE
AGEING DIVIDEND

RE-IMAGINING OUR FUTURE

49th
AAG
CONFERENCE

CONFERENCE PROGRAM

02–04 NOVEMBER 2016

NATIONAL CONVENTION CENTRE
CANBERRA, AUSTRALIA



AAG
Australian
Association of
Gerontology

DAY 0

Tuesday, 1st November 2016
from 9.00am - 5.30pm

PRE-CONFERENCE WORKSHOPS

| | |
|-------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 9.00am - 1.00pm | OLDER LGBTI AUSTRALIA MASTER CLASS WITH CATHERINE BARRETT Hosted by AAG's Lesbian, Gay, Bisexual, Transgender and Intersex Ageing Special Interest Group (LGBTI SIG) |
| 10.30am - 12.30pm | ABORIGINAL CULTURAL DIVERSITY WORKSHOP WITH MARK ELLIOTT Hosted by AAG's Aboriginal and Torres Strait Islander Ageing Advisory Group (ATSIAAG) |
| 1.15pm - 3.15pm | UNEQUAL AGEING - THE UNTOLD STORY OF EXCLUSION IN OLDER AGE WITH PAUL CANN, IAN YATES AND HELEN KIMBERLEY Presented in partnership with Age UK, COTA and Brotherhood of St Laurence |
| 1.15pm - 3.15pm | CRITICAL SUCCESS FACTORS FOR AN ACADEMIC CAREER WITH THE THESIS WHISPERER Presented in partnership with AAG's Student and Early Career Researcher/Practitioner Group and Emerging Researchers in Ageing (ERA) |
| 3.30pm - 5.30pm | PUBLISH BEFORE YOU PERISH! WRITING FOR SCHOLARLY JOURNALS: HOW TO 'GET PUBLISHED' WITH LYNNE PARKINSON AND STEPHEN NEVILLE Presented in partnership with Australasian Journal on Ageing (AJA) |

2016 CONFERENCE PLANNING COMMITTEE

Danny Hills (Chair)
Keryn Curtis
Briony Dow
Kim Kiely
Sophia Lindeyer
Tracy Robinson
Josephine Root
Frank Schaper
Jane Sims
James Beckford Saunders
Cassandra Glover

2016 CONFERENCE SCIENTIFIC COMMITTEE

Jane Sims (Chair)
Helen Barrie
Danny Hills
Renuka Visvanathan

SPECIAL THANKS TO THE FOLLOWING VOLUNTEER ABSTRACT REVIEWERS

Frances Batchelor
Joanne Dollard
Jane Fyfield
Sharon Hills
Judith Lewis
Xiaoping Lin
Sue Malta
Shailaja Nair

FLOOR PLAN



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Australian Association of Gerontology (AAG) acknowledges the traditional land owners of Australia and welcomes all Aboriginal and Torres Strait Islander people in our activities. AAG aims to improve equity in access to services and support for ageing Aboriginal and Torres Strait Islander people. For further information see AAG's Aboriginal and Torres Strait Islander Ageing Advisory Group.

HAVE YOU DOWNLOADED THE CONFERENCE APP?

The mobile app will be your essential conference guide

1. Go to <http://bit.ly/AAGapp> on an iPhone, iPad or Android device. Note that the URL is case sensitive
2. Scan the QR code which will take you to the correct app store to download the app



Don't have a smart phone or tablet ... no worries
You can view all abstracts and speaker profiles by

1. Dropping by the IT labs in the exhibition hall
2. Visiting the AAG Conference website aagconference.asn.au/article/program

GETTING THE MOST OUT OF THE CONFERENCE APP

CREATE A PERSONALISED SCHEDULE

Look at all speakers and abstracts and add or remove events to your schedule any time

GET SOCIAL

Tweet, Facebook or both through the conference app. Share your thoughts, pictures and learning with other delegates and those not at the conference

STAY CONNECTED

Connect with other delegates attending the conference and expand your network

GET STARTED

TWITTER



/gerontologyau

1. Sign up for a Twitter account if you don't already have one at twitter.com
2. Follow AAG - @gerontologyau
3. Use the event hashtag in your posts. The hashtag for the 2016 conference is #AAGConf16
4. Find out what others are saying about the conference by following the event hashtag
5. Engage by tweeting or re-tweeting

FACEBOOK



/gerontologyau

1. Sign up for a Facebook account if you don't already have one at facebook.com
2. Search for 'AAG' and 'Like' the Australian Association of Gerontology page. This will give you access to all the latest news and conference updates in your newsfeed
3. Engage by posting, liking, commenting or sharing other people's posts

SHOW ME THE HASHTAG

Join the conversation and share your thoughts instantly by including our dedicated hashtag #AAGConf16 in your tweets and your Facebook posts. Using the hashtag will help the organising committee, speakers and other delegates easily find your conversations, debates, and questions. The hashtag will also appear within the event feed of the conference app.

MORE THAN WORDS

It doesn't just have to be about words, we would love to see photos of your experience at the conference. Share your photos on Facebook and Twitter using #AAGConf16

SHARE THE LOVE

It's also good to share — so if you see a tweet or a Facebook post that you agree with or like then click the share or re-tweet button and let everyone know that you're at the 2016 AAG Conference.

NEED HELP?

AAG's friendly staff members are available throughout the conference to assist you with any of your needs, and to help you get social. Visit them at the registration desk for anything "social media" related.

IMPORTANT INFORMATION FOR CONFERENCE DELEGATES

CONTACT DETAILS

Should you have any questions or require any further information please don't hesitate to contact the conference team at AAG.

You can contact us via email at aagconference@aag.asn.au or via phone:

Cassandra Glover

Conference and Events Manager: 0430 292 297

Michael Tan

Marketing and Memberships Manager: 0408 385 873

REGISTRATION INFORMATION

REGISTRATION DESK:

The Registration Desk will be located in the National Convention Centre Foyer on the Ground Floor. The Registration Desk will be open daily on:

Tuesday 1st Nov 8.00am – 5.00pm
Pre-conference workshop delegates only

Wednesday 2nd Nov 8.00am – 5.00pm
Registration for all delegates open at 8.00am

Thursday 3rd Nov 8.00am – 5.00pm

Friday 5th Nov 8.00am – 2.00pm

SOCIAL AND NETWORKING FUNCTIONS

The AAG Conference program features a variety of social and networking functions. Please check your registration selections for more information about which functions you are registered to attend. Details of the social and networking functions are as follows:

MAIN SOCIAL EVENTS

Welcome Reception

Date: Wednesday 2nd November, 2016

Location: National Convention Centre, Ballroom, Level One

Time: 5.30pm to 7.30pm

Catch up with colleagues and make new friends and connections. Scientist and technology advocate and National Finalist Senior Australian of the Year 2016, Professor Greg Tegart AM FTSE will address guests at the Welcome Reception. Take in the 2016 AAG Poster Presentations, meet the exhibitors at AAG's trade exhibition, and connect with AAG's Collaborating Research Centres at the AAG Knowledge Hub, whilst enjoying live music, delicious canapes and a glass of wine, bubbly or soft drink.

Conference Dinner

Date: Thursday 3rd November, 2016

Location: National Arboretum Canberra, Forest Dr, Canberra City ACT 2601

Time: 6.30pm to 11.30pm

Bus Transfers: A shuttle service for delegates will be leaving from the National Convention Centre from 6.00pm until 6.40pm. A return shuttle service will operate every 20 minutes between 10.50pm and 11.30pm to bring delegates back to

Crowne Plaza Canberra, Mantra on Northbourne, Peppers Gallery Hotel and the Breakfree Capital Tower Apartments. Theme: "And all that jazz, with the Baker Boys Band" Dress Code: 1920's inspired vintage glam; costumes are optional but not required

Enjoy pre-dinner drinks upon arrival, followed by a fabulous three course dinner provided by Ginger Catering, who have built their reputation on using fresh regional produce, sourced with an emphasis on organic and biodynamic growing of heirloom meats, vegetables, sea and sweet water foods. 2016 ACT Senior Woman of the Year, Krishna Sadhana will address guests at the dinner, followed by a night of dancing to the smooth tunes of the Baker Boys Band.

Farewell Drinks

Date: Friday 4th November, 2016

Location: National Convention Centre Foyer, Ground Floor

Time: 5.00pm to 6.00pm

Farewell your new friends and connections at the AAG Farewell Celebration over drinks and canapes. Share your knowledge and experiences of the Conference with other delegates before farewelling Canberra.

DIETARY REQUIREMENTS

If you have advised of a special diet request, please make yourself known to banqueting staff at the National Convention Centre in order to collect your special meal.

INTERNET ACCESS

Free WiFi is available for all delegates at the National Convention Centre during the conference. Visit the registration desk if you need help to connect.

TRANSPORT TO THE NATIONAL CONVENTION CENTRE

AIRPORT EXPRESS

The Airport Express shuttle bus offers airport-city-airport services daily during peak periods. Other stops include Russell, National Convention Centre, London Circuit and YHA. Cost is just \$12 one way and \$20 return. Tickets can be purchased a number of ways:

Direct from the bus driver (EFTPOS or cash);
At the car park customer service office located opposite the bus stop;
Pre-booked at www.royalecoach.com.au; or
By calling 1300 368 897.

TAXI SERVICES

ACT Cabs (02) 6280 0077

Canberra Elite Taxis (02) 6126 1600

Cabxpress (02) 6181 2700

Queanbeyan Taxi Co-op 13 22 11

For Wheelchair Accessible Taxi (WAT) bookings please phone 13WATS (139 287), fax bookings 02 6361 2058

Welcome to the 49th AAG Conference in our nation's capital, Canberra.

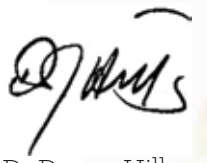
This year's program focusses on the great resource that is our ageing society. Our older populations, in particular, offer the experience of living a significantly extended average lifespan through one of the most rapidly changing periods in human history. As well as presenting wonderful opportunities for our societies, this presents new challenges. As is evidenced in the Conference Program, emerging and seasoned researchers, clinicians, leaders and policy makers, together, are working hard to enable our diverse communities to embrace the opportunities and engage with the challenges that lay ahead of us all.

Outside of the Conference, Canberra and the ACT has so much offer to delegates. This includes great natural and urban environments, accessible and quality civic services, world renowned baristas and coffee, top class restaurants and bars, world class and prize winning boutique vineyards, and galleries and museums of national and international significance. At 103 years of age, Canberra is really making its mark. It is not surprising that the OECD named Canberra as the world's most liveable city!

I am so pleased you can be here with us all in Canberra. I am certain it will be a most engaging and uplifting experience.

Regards,




Dr Danny Hills
Conference Chair

I warmly welcome you to the 49th AAG Conference.

In Canberra, the nation's centre of government, this conference and our theme this year will provide an opportunity to explore the future of ageing, and how we can best capitalise on the social and economic potential of our ageing society.


The intergenerational and social implications of demographic change and current policies attempting to address the needs of an ageing population cannot be ignored. There needs to be more active consideration of the enormous positive economic and social contributions of older people to our communities and the broader society.

This conference will provide a forum to reflect on and re-imagine the incredible potential of our ageing society, now and into the future. We will describe and imagine ways in which we can best support and enhance health and well-being. We will debate on the nature of our society and the importance of ageing within it. We will demonstrate how ground-breaking research and evidence-based policy can harness the great value of our diverse and ageing population for the benefit of all.

Join us as we dare to re-imagine the future of ageing.

Regards,




Dr Helen Barrie
President, AAG

INVITED KEYNOTE SPEAKERS



The Hon Ken Wyatt
Assistant Minister for
Health and Aged Care



Paul Cann
2016 Gary Andrews Visiting Fellow
Age UK Oxfordshire
Fellow - ILC-UK



Hon Mark Butler MP
Shadow Minister for
Climate Change and Energy
Author of "Advanced Australia"



Professor Ann Netten
University of Kent
United Kingdom



Dr Nick Hartland
First Assistant Secretary,
Aged Care Policy and Regulation Division,
Department of Health



Professor
Hal Kendig
Australian National University



Associate Professor
Paul Dugdale
2016 David Wallace Address
Australian National University



Professor
Kaarin Anstey
Australian National University



Professor
John Piggott
ARC Centre of Excellence in
Population Ageing Research,
UNSW



Dr David Knox
Mercer



Nicolette Rubinsztein
Non-executive Director at
UniSuper SuperEd and
the Actuaries Institute



Lynda O'Grady
Chairman of the Aged Care
Financing Authority

INVITED PRESENTERS



Dr Catherine Barrett
OPAL Institute &
Celebrate Ageing



Dr Marguerite Bramble
University of Tasmania



Mark Elliott
Ngarrindjeri Elder
ATSIAAG



Dr Danny Hills
Monash University



Associate Professor
Kate O'Loughlin
University of Sydney



Dr Kerry Sargent-Cox
Australian National University



Associate Professor
Inger Mewburn
Australian National University



Helen Kimberley
Brotherhood of St Laurence



Professor
Lynne Parkinson
CQ University
Australasian Journal on Ageing



Associate Professor
Stephen Neville
Auckland University of Technology
Australasian Journal on Ageing



Agnes Shea
United Ngunnawal Elders' Council
ACT Heritage Council



Associate Professor
Christine Stirling
University of Tasmania



Ian Yates AM
COTA Australia



Professor
Greg Tegart AM FTSE
National Finalist Senior
Australian of the Year 2016



Krishna Sadhana
ACT Senior Woman of
the Year 2016



Veronica
(Ronnie) Croome
ACT Chief Nurse
Canberra Hospital &
Health Services

Wednesday, 2nd November 2016
from 8.00am - 12.10pm


| | |
|------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 8.00am | Registration Open |
| 8.50am - 10.10am | SESSION 1 – PLENARY SESSION <i>Chair: Helen Barrie</i> Welcome to Country - Agnes Shea, United Ngunnawal Elders Council Official Opening - Helen Barrie, AAG President Keynote Presentation - The Hon Ken Wyatt AM, MP, Assistant Minister for Health and Aged Care Department of Health address - Dr Nick Hartland, First Assistant Secretary, Aged Care Policy and Regulation Division, Department of Health Q&A |



Australian Government
Department of Health

| | |
|-------------------|--------------------------------------------------------------------------------------------------------------------------------------|
| 10.10am - 10.45am | Morning Tea Poster Presentations, Exhibition and Knowledge Hub First Time Attendees' Networking Session - Gallery Foyer |
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SESSION 2 – CONCURRENT SESSION

| | 2A | 2B | 2C | 2D - SYMPOSIUM | 2E - TABLE TOP SESSION | <i>Chairs: Danny Hills, Skye Marshall, Belinda Cash, Helen Barrie</i> | |
|-------------------|---------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| | Re-imagining service provision: Diversity <i>Chair: Carrie Hayter</i> | Re-imagining working life: Ageing workforce and retirement  <i>Chair: Mark Cooper-Stanbury</i> | Re-imagining service provision: Medication management <i>Chair: Maree Bernoth</i> | Opportunities and obstacles to realising housing adjustment for older people <i>Chair: Andrew Jones</i> | 1. PLANNING, DESIGN AND TECHNOLOGY Social assistive technologies and older adults: benefits, barriers and acceptance <i>Bonnie Simons</i> Living well in the community: Building dementia-inclusive communities <i>Seuwandi Wickramasinghe</i> Capitalising on longitudinal data to evaluate aged care <i>Julie Byles</i> Ageing on the edge: The Older Persons Homelessness Prevention Project <i>Debbie Faulkner</i> | 3. FAMILY AND INTERGENERATIONAL RELATIONSHIPS Promoting sexual health/positivity amongst older adults using a narrative approach <i>Sue Malta</i> OWN NSW and the Prevention of Violence Against Older Women <i>Jane Mears</i> How older frail people can flourish through innovative intergenerational partnerships <i>Emma Waites</i> Practical resources to re-imagine older people's sexual citizenship <i>Catherine Barrett</i> | 5. CONSUMER DIRECTED CARE CDC: Friend or foe to older people with communication difficulty <i>Michelle Bennett</i> <i>Jade Cartwright</i> Planning for residential care in Australia: What do people want? <i>Rachel Milte</i> Am I free to leave my nursing home? <i>Lyndal Bugeja</i> An unprecedented disruption - reforms to the home care sector <i>Deborah Fraser</i> |
| 10.45am - 11.05am | Embracing and supporting a diverse workforce: Southern Cross Care Victoria <i>Joyce Jiang</i> | Productive and healthy working life expectancies in Australia <i>Kim Kiely</i> | Safe to crush? Dosage form modifications in aged care <i>Nicole Mcderby</i> | Obstacles to age-friendly housing in Canberra <i>Anna Howe</i> | 2. AGEING IN PLACE Old behind bars: What is being done for the incarcerated? <i>Bruce Stevens</i> <i>Peter Bewart</i> Because I Can: Wellness and resilience workshop for older people <i>Sally-Ann Warnes</i> <i>Lui Di Venuto</i> Ageing in place: A lifelong (in)visible practice <i>Margaret McGrath</i> | 4. FRAILTY, MOBILITY AND FALLS Re-imagining physiotherapy in residential care – exercise, falls prevention and re-ablement <i>Jennie Hewitt</i> Developing assistive mobility technology in response to lived experience <i>Tamantha Stutchbury</i> Grading frailty in Australian residential aged care facilities <i>Olga Theou</i> Trends in older adult falls: residence and temporal trends <i>Stephen Burgess</i> | 6. WORKFORCE DEVELOPMENT Planning your workforce today to meet the needs of tomorrow <i>Chris Westacott</i> The tri-focal model of care: Impact in residential aged care <i>Alison Hutchinson</i> Workforce crisis in residential aged care: Insights from older workers <i>Suzanne Hodgkin</i> From students to service provision: everyone's a winner! <i>Helen Loffler</i> |
| 11.05am - 11.25am | Residents and family members' perceptions of cultural diversity <i>Lily Xiao</i> | The valuing of knowledge and practice wisdom: legacy or scrapheap? <i>Alison Herron</i> | The 'RedUSE' expansion: Results from a national intervention reducing sedatives <i>Juanita Westbury</i> | Change and inertia in retirement housing development <i>Kirsten Bevin</i> | | | |
| 11.25am - 11.45am | A pot of gold at the end of the rainbow <i>Samantha Edmonds</i> | The busy-ness of retirement: Personal goals, diaries and to-do lists <i>Dorothy Dudley</i> | Reducing polypharmacy using quality indicators for residential aged care services <i>Brett Morris</i> <i>J. Simon Bell</i> | Housing wealth and age care - policies compared <i>Marietta Haffner</i> | | | |
| 11.45am - 12.10am | Rethinking 'culture' and 'diversity' in the aged care workforce <i>Joyce Jiang</i> | Work and retirement for older Australians <i>Justine Irving</i> | Medication management of delirium in hospitalised older people <i>Emily Tomlinson</i> | Considering 'residence' in the context of non-metropolitan retirement migration decisions <i>Amity James</i> | | | |
| 12.10pm - 1.10pm | Lunch Poster Presentations, Exhibition and Knowledge Hub | | | | | | |
| 12.15pm - 1.10pm | AAG LGBTI Special Interest Group meeting – interested delegates welcome SECG Meeting - all students and early career researchers welcome | | | | | | |
| 12.15pm - 12.45pm | 2029 IAGG Global Bid information session & meeting - all welcome | | | | | | |
| 1.10pm - 1.20pm | National LGBTI Health Alliance Body, Genders and Relationships Passport Launch Plenary Theatre | | | | | | |

DAY 1

Wednesday, 2nd November 2016
from 1.10pm - 5.30pm

1.20pm - 2.20pm

SESSION 3 – PLENARY SESSION

Chair: Helen Grinbergs


Gary Andrews Address:
Advancing not retiring – why the future belongs to the baby boomers and how they will share it

Paul Cann

Q&A




Australian Government
Department of Health

| 2.20pm - 3.45pm | | | | | |
|-----------------|---------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------|
| | 4A | 4B | 4C | 4D - SYMPOSIUM | 4E - SYMPOSIUM |
| | Re-imagining communities and society: Perceptions and expectations <i>Chair: Sue McGrath</i> | Re-imagining health and disease management: Mental health <i>Chair: Chris Shanley</i> |  Charles Sturt University Re-imagining service provision: Residential care <i>Chair: Maree Bernoth</i> | Understanding the implications of ageing in China: A view from Down Under <i>Chair: Julie Byles</i> | Critical perspectives on rural ageing: Problematising the role of voluntarism <i>Chair: Rachel Winterton</i> |
| 2.20pm - 2.40pm | The St Hilarion Wellness and Re-ablement Model <i>Frank Naso</i> | Enhancing happiness in elderly public housing residents in rural Thailand <i>Civilaiz Wanaratwichit</i> | Privacy needs of couples in residential aged care <i>Alison Rahn</i> | Socioeconomic influence on quality of life among older Chinese <i>Vasoontara Yiengprugsawan</i> | Voluntarism and rural retirement migration: a new rural citizenship? <i>Rachel Winterton</i> |
| 2.40pm - 3.00pm | Nursing in aged care in Australia: Views from the inside <i>Jenny Davis</i> | Happiness is associated with sexual behavior in partnered older adults <i>Rosanne Freak-Poli</i> | Entering aged care for those living with dementia: Families' experiences <i>Helen Courtney-Pratt</i> | Health impacts on ageing workers in Australia and China <i>Cathy Gong</i> | Voluntarism and age-friendly rural communities in comparative perspective <i>Mark Skinner</i> |
| 3.00pm - 3.20pm | Perceptions of ageing: Older people and healthcare professionals <i>Rafat Hussain</i> | Anxiety in later life: Detection and referral in primary care <i>Tracy Robinson</i> | Family evaluation of the Tri-focal Model of Care Education Program <i>Helen Rawson</i> | Primary Health Care and Healthy Ageing in China <i>Shane Thomas</i> | Voluntarism and older adult wellness across diverse Australian rural communities <i>Jeni Warburton</i> |
| 3.20pm - 3.40pm | Health professionals' expectations of aged care clinical and workforce capacity <i>Jenny Davis</i> | Ageing, stress and ageing well: Stories from older Australian women <i>Robyn Kennaugh</i> | Step forward together and re-imagine aged care <i>Kelly Gray</i> | Eating patterns and nutritional status among Chinese older people <i>Zumin Shi</i> | Critical perspectives on rural ageing: problematising the role of voluntarism <i>Christine Stirling</i> <i>Mark Skinner</i> |
| 3.40pm - 4.10pm | Afternoon Tea Poster Presentations, Exhibition and Knowledge Hub | | | | |


4.10pm - 5.30pm

SESSION 5 – PLENARY SESSION

Superannuation Panel
Facilitator: Richard Cumpston
The retirement income context: Challenges for government, households and business
John Piggott
How does Australia's retirement system measure up?
David Knox
Top ten myths about retirement
Nicolette Rubinsztein



| SOCIAL FUNCTIONS | |
|------------------|------------------------------------------------------------------------------------------------------------------|
| 5.30pm - 7.30pm | Welcome Reception Address by Greg Tegart AM FTSE, National Finalist Senior Australian of the Year 2016 |
| 7.30pm - 9.00pm | SECG Dinner - Student and Early Career delegates welcome |

| SOCIAL FUNCTIONS | |
|-------------------------------------------------------------------------------------|--------------------------------------------------------------------|
| 7.15am - 8.15am | Breakfast with the Stars (Student and Early Career Group) |
|  | |
| 7.30am - 8.30am | Knowledge Hub and Sponsors' Networking Breakfast – Exhibition area |
| 8.00am | Registration and Exhibition Open |

| 8.45am - 10.05am | SESSION 6 – CONCURRENT SESSION | | | | 6E - TABLE TOP SESSION | Chairs: Keryn Curtis, Lui Di Venuto, Annie Farthing, Rosanne Freak-Poli | |
|-------------------|---------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| | 6A | 6B | 6C - SYMPOSIUM | 6D - SYMPOSIUM | | | |
| | Re-imagining health and disease management: Health promotion <i>Chair: Frances Batchelor</i> | Re-imagining health and disease management: Nutrition and fitness <i>Chair: Ngaire Hobbins</i> | Don't forget - It's not just about memory: Uncovering non-cognitive aspects of cognitive decline and dementia <i>Chair: Kim Kiely</i> | The future city: Multicultural design, co-design, use of technology, space and its effects on the aged <i>Chair: Lisa Scharoun</i> | 1. AGED CARE PLANNING Reaching beyond the standards to gain competitive advantage <i>Chris Westacott</i> Resident-to-resident aggression: getting the right information to re-imagine our future <i>Briony Murphy</i> Complaints to the Aged Care Complaints Commissioner <i>Jan McGregor</i> Realist review methodology to inform ageing policy and clinical practice <i>Karrie Long</i> | 3. INFORMAL CARE-GIVING A coping mechanism – Informal working Caregivers' Self-imposed Silence <i>Joyce Jiang</i> Can psychosocial intervention reduce carer stress in dementia? Systematic review <i>Constance Schneider</i> Re-imagining respite in aged care and carer reforms <i>Lyn Phillipson</i> <i>Cathy Duncan</i> | 5. AGEING, CULTURE AND IDENTITY Aged care for Muslims: Significance of religio-cultural framework <i>Mahjabeen Ahmad</i> "Get well soon". Engaging the older person in their care <i>Andre Catrice</i> Re-imagining relationships: the experience of childlessness in later life <i>Cassie Curryer</i> Older people as revolutionaries in challenging ageism <i>Catherine Barrett</i> |
| 8.45am - 9.05am | Reassessing quality of life in the Fourth Age <i>Richard Burns</i> | Oral health and nutritional status impacts quality of life <i>Cherie Hugo</i> | Sensory impairment and neuropsychiatric symptoms <i>Kim Kiely</i> | 48 Hours in Shanghai: Cross-cultural design for healthy ageing <i>Lisa Scharoun</i> | | | |
| 9.05am - 9.25am | Spiritual reminiscence therapy– is it effective for older people? <i>Sharifah Munirah Syed Elias</i> | Eating for independence: capacity building older people <i>Chadia Bastin</i> <i>Denise Leyden</i> | Dementia-related stigma and help seeking intentions <i>Sarang Kim</i> | Wearable memory: wearable technologies and sensors for seniors <i>Fanke Peng</i> | | | |
| 9.25am - 9.45am | Internet use by older adults in rural Australia <i>Turi Berg</i> | Nurses' attitudes towards exercise during haemodialysis among older adults <i>Wei Chun Wang</i> <i>Maryann Street</i> | Prevalence of mild behavioural impairment in a population-based sample <i>Moyra Morthby</i> | Storytelling time machine: A play-space for elders <i>Carlos Montana-Hoyos</i> | 2. INFO & COMMS TECHNOLOGIES Life in motion: Microsoft XBox Kinect <i>Kylie Jacques</i> <i>Jane Meldrum</i> Older people and people with dementia: responses to virtual reality <i>Bridget Howes</i> Re-imagining community in the online space: The Living Connected Program <i>Helen Hasan</i> A cross-country study of offline and online intergenerational affective communication <i>Angeline Mayasari</i> | 4. PLANNING, DESIGN AND TECHNOLOGY Connected care: taking a client-driven approach to assistive technology <i>Lyn Davies</i> You're the voice: Participatory design for senior living design innovation <i>Hayley Sainsbury</i> Active ageing a new approach to design <i>Grant Donald</i> | 6. DISEASE MANAGEMENT INNOVATIONS Physical exercise for individuals living with dementia in residential care <i>Lindsey Brett</i> Enhancing nutrition care of aged care residents with dementia <i>Juanita Westbury</i> Staff perspectives on chronic respiratory illness in residential aged care <i>Laura Tierney</i> |
| 9.45am - 10.05am | Video-games, physical activity, cognition and well-being in older adults <i>Karen Murphy</i> | Cost-effectiveness of physiotherapy home exercise in three randomised controlled trials <i>Cathie Sherrington</i> | Informant-reported cognitive decline and life-engagement change in the PATH Study <i>Diane E. Hosking</i> | | | | |
| 10.05am - 10.35am | Morning Tea Poster Presentations, Exhibition and Knowledge Hub | | | | | | |

| | |
|-------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 10.35am - 12.15pm | SESSION 7 – PLENARY SESSION <i>Chair: James Beckford Saunders</i> David Wallace Address: 'Beyond Impatient' Care Paul Dugdale Reimagining our future for driving in later life Kaarin Anstey Lynda O'Grady Q&A |
| 12.15pm - 1.30pm | Lunch Poster Presentations, Exhibition and Knowledge Hub Regional, Rural & Remote Special Interest Group (RRRSIG) meeting - interested delegates welcome |



DAY 2

Thursday, 3rd November 2016
from 1.30pm - 5.00pm

| | |
|------------------|----------------------------------------------------------------------------------------------|
| 12.30pm - 1.15pm | AAG ANNUAL GENERAL MEETING |
| | Members and interested parties welcome |
| | 2017 Hot Topic and Glenda Powell Travelling Fellow announced AJA Book Award |

| 1.30pm - 3.10pm | SESSION 8 – CONCURRENT SESSION | | | | |
|-----------------|-------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|
| | 8A | 8B | 8C - SYMPOSIUM | 8D - SYMPOSIUM | 8E - SYMPOSIUM |
| | Re-imagining service provision: Health policy and planning <i>Chair: James Beckford Saunders</i> | Re-imagining service provision: Transitional care <i>Chair: Jeni Warburton</i> | How effective is home care? The Australian Community Care Outcomes Measure <i>Chairs: Michael Fine, Ann Netten</i> | Cognitive care in hospitals: re-thinking the paradigm <i>Chair: Kasia Bail</i> | Microsimulation of aged care, housing and superannuation <i>Chair: Richard Cumpston</i> |
| 1.30pm - 1.50pm | Vietnamese older people's material contributions in ageing population context <i>Quang Trinh</i> | Improving care of the hospitalised older person; four important projects <i>Andre Catrice</i> | Testing the ACCOM: Research and results <i>Peter Samsa</i> | Caring for cognitive impairment <i>Suellen Allen</i> | Projecting demands for aged care at fine geographic scales <i>Richard Cumpston</i> |
| 1.50pm - 2.10pm | 'Ageing Well' as an autistic adult in Australia <i>Ye In (Jane) Hwang</i> | The Clinical Utility of the COPM in the Sub-Acute Setting <i>Debbie Roe</i> | Outcome measurement in services: Service providers experience of the ACCOM <i>Wendy Mason</i> <i>Karn Nelson</i> <i>Deborah Fraser</i> | Are dementia patients the canaries of hospitals? Applying nurse-sensitive indicators <i>Kasia Bail</i> | Life expectancies of persons in residential aged care <i>Marijan Jukic</i> |
| 2.10pm - 2.30pm | Frailty prevalence in North West Adelaide <i>Mark Thompson</i> | Influences on emergency department length of stay for older people <i>Maryann Street</i> | The usability of the ACCOM for staff and consumers <i>Michael Fine</i> <i>Beatriz Cardona</i> | Meeting cognitive care needs in the NT: Re-shaping the unique <i>Deidre Widdall</i> | Housing as a source of funds for aged care <i>Hugh Sarjeant</i> |
| 2.30pm - 2.50pm | Microgeographies of dementia: An Australia Spatial Dashboard System <i>Hamish Robertson</i> | Emergency paramedic attendance to older patients in Victoria <i>Linda Ross</i> | | Re-imagining the hospital environment: Why should kids have all the fun? <i>Richard Fleming</i> | Superannuation as a source of funds for aged care <i>David Service</i> |
| 2.50pm - 3.10pm | Re-thinking psychological services in residential aged care settings <i>Kate-Ellen Elliott</i> | | | | |
| 2.50pm - 3.30pm | Afternoon Tea Poster Presentations, Exhibition and Knowledge Hub | | | | |

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| 3.30pm - 5.00pm | SESSION 9 – PLENARY SESSION |
| 3.30pm - 5.00pm | President's Symposium: Attitudes to ageing Chair: Helen Barrie (AAG President) Attitudes towards inter-generational equity and social change Hal Kendig Age discrimination in the workplace: The more things change... Kate O'Loughlin The Burden of Age Kerry Sargent-Cox |



| SOCIAL FUNCTIONS | |
|-------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 6.30pm to 11.30pm | Conference Dinner - National Arboretum Canberra Addresses by Veronica (Ronnie) Croome, ACT Chief Nurse, Canberra Hospital & Health Services; & Krishna Sadhana, ACT Senior Woman of the Year 2016 |

DAY 3



Friday, 4th November 2016
from 8.00am - 12.30pm



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| 8.00am – 8.45am | INTERNATIONAL LONGEVITY CENTRE – AUSTRALIA MEETING |
| | ILC-AU members only |

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| 8.00am | Registration and Poster Presentations, Exhibition and Knowledge Hub |
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| 8.45am - 10.30am | SESSION 10 – CONCURRENT SESSION |
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| | 10A | 10B | 10C | 10D | 10E |
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| | Re-imagining families: Informal care-giving | Re-imagining communities and society: Community participation | Re-imagining health and disease management: Dementia | Re-imagining the environment: Planning and design | Re-imagining communities and society: Policy and planning |
| |  Australian National University | | | |  |
| | Chair: Belinda Cash | Chair: Cathy Gong | Chair: Sarang Kim | Chair: Ralph Hampson | Chair: Mark Cooper-Stanbury |
| 8.45am - 9.05am | Improving caregiver wellbeing: community-based action research in remote Australia Rosi Aryal | Multi-pronged strategies to address barriers to socialising in older persons Eevon Chia Lisa Onley | The Younger Onset Dementia Key Worker Program evaluation findings Anita Westera | Housing needs for those with dementia Christine Stirling | Primary health care and older Australians – is it delivering? Ian Yates |
| 9.05am - 9.25am | Beyond the ‘Tip-sheet’: Supporting caregivers of people with dementia Christine Brown Wilson | Adapting to Ageing: The role of peer-run groups Rowena MacKean | Life course head injury and dementia in older Aboriginal Australians Kylie Radford | Identifying dementia friendly community strengths through authentic engagement Helen Courtney-Pratt | Community health service needs of centenarians Arti Appannah |
| 9.25am - 9.45am | Needs of dementia carers: Differences between partner and offspring carers Gemma Tatangelo | Introducing an innovative social enterprise model for fostering intergenerational connection Anna Donaldson | Dementia management in hospitals: comparing current practice to guideline recommendations Joanne Tropea | Elderhood in Community: Insights from living together independently Robyn Barry | Understanding the community: planning health promotion activities with the participants Ruth Campbell |
| 9.45am - 9.50am | Break | | | | |
| 9.50am - 10.10am | Lived experiences and support needs of refugee and migrant carers Rosi Aryal | Volunteering activities among older immigrants: a qualitative study Betty Haralambous | Non-pharmaceutical management of BPSD in residential aged-care settings Marita McCabe | Age/n/dem – Age and Dementia Friendly Streetscapes Guy Luscombe Carmel Boyce | Elder abuse - what’s so special? Existing legal protections Julia Duffy Shayna Smith |
| 10.10am - 10.30am | Hospital discharge for older people: Trialling a carer support program Christine Toye | Peer to peer –the pointy end of consumer engagement Megan Corlis | Meaningful activities for residents with dementia: Are they effective? Catherine Travers | Strategic improvements program for residential aged care buildings Nick Seemann | A scoping study of responses to elder abuse in Tasmania Susan Banks |

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| 10.30am - 11.05am | Morning Tea Poster Presentations, Exhibition and Knowledge Hub |
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| 11.05am - 12.30 pm | SESSION 11 – PLENARY SESSION <i>Chair: Keryn Curtis</i> Reflecting the impact of long-term care: the Adult Social Care Outcome Toolkit (ASCOT) Ann Netten Re-imagining Ageing The Hon Mark Butler MP |
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| 12.30pm - 1.30pm | Lunch Poster Presentations, Exhibition and Knowledge Hub AAG ATSIAG Yarn Up - Indigenous delegates welcome CRC Workshop meeting - Collaborative Research Centre members only ASCOT meeting - all welcome |
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DAY 3

Friday, 4th November 2016
from 1.30pm - 5.00pm

| 1.30pm - 3.00pm | | | | | |
|---------------------------------|------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------|
| SESSION 12 – CONCURRENT SESSION | | | | | |
| | 12A Re-imagining families: Informal care-giving Chair: Paul Cann | 12B Re-imagining health and disease management: Dementia Chair: Mark Gaukroger | 12C Re-imagining service provision: Care planning Chair: Christine Stirling | 12D - SYMPOSIUM Intergenerational elder abuse Chair: Briony Dow | 12E - SYMPOSIUM Dynamics of population ageing and social change in Asia-Oceania Chair: Anna Howe |
| 1.30pm - 1.50pm | Sharing the care: Siblings caring for ageing parents Timothy Broady | Reimagining remembering and personhood with the person with dementia Joanne Mihelcic | The ‘Catastrophe’ of older people's care in England? The re-imaging of later life as a time of anxiety and outrage Jillian Manthorpe | Seniors Rights Victoria elder abuse client data, experiences and perceptions Melanie Joosten Briony Dow | An overview of population ageing in Asia Peter McDonald |
| 1.50pm - 2.10pm | Re-imagining social research: A transformative approach to understanding informal care Belinda Cash | RN and NP led memory wellness clinic and program evaluation Helga Merl | Older consumer experiences with technology in Consumer Directed Care Peter Summons | Education as intervention in elder abuse Gary Ferguson | Intergenerational support in the context of socio-economic change in Vietnam Cuc Hoang |
| 2.10pm - 2.30pm | Rapid-fire Poster Presentations Chair: Danny Hills | Facilitating peer-enabled relationship-focussed dementia care – A pilot study Sanetta Du Toit | Transitioning to consumer directed care: a follow-up study Carmel Laragy | Elder mediation: a collaborative approach to addressing elder abuse Anita Frayman | Studying the Thai health-risk transition Vasoontara Yiengprugsawan |
| 2.30pm - 2.50pm | Rapid-fire Poster Presentations Chair: Danny Hills | Effect of thermal environment on agitation of people with dementia Federico Tartarini | | Towards a better understanding of elder abuse Rachel Carson | Meeting the needs of older persons in Winong, Giriasih and Salo in rural Indonesia: Research and policy approaches Iwu Dwisetyani Utomo |
| 3.00pm - 3.30pm | Afternoon Tea Poster Presentations, Exhibition and Knowledge Hub | | | | |
| 3.30pm - 4.30pm | | | | | |
| SESSION 13 – CONCURRENT SESSION | | | | | |
| | 13A Re-imagining service provision: Dementia - thinking outside the box Chair: Tim Dixon | 13B Re-imagining health and disease management: Falls Chair: Raelene McNaughton | 13C Re-imagining communities and society: Awareness and engagement Chair: Sue McGrath | 13D - SYMPOSIUM Addressing the wicked problems of measuring quality in residential care Chair: Marita McCabe | |
| 3.30pm - 3.50pm | Dementia friendly partnership with The Tradies ACT Petrea Messent Karen Cmiel | Ethics and surveillance technologies in aged care: A case study Aaron Wyllie Sophie Mephram | Contemporary role of Elders in the Indigenous communities in Australia Lucy Busija | Care planning conversations in aged care facilities: piloting ASCOT Ann-Marie Towers Karn Nelson | |
| 3.50pm - 4.10pm | Greening with meaning – Volunteering with dementia Lorraine Wadley | Proactive approach to falls prevention – Best practice research James Faunt | Use of poetry to promote education and research on frailty Susan Ogle | Things don't happen in a vacuum: Telling a story about measuring and reporting quality indicators in residential aged care homes | |
| 4.10pm - 4.30pm | Developing the future – Exercise physiology in aged care Alison Penington | Dancing to avoid falls and increase happiness in residential care Donna Preston | Reimagining ‘old age’ and ‘dementia’ to combat ageism Jane Mears Gaynor Macdonald | Yun-Hee Jeon | |
| 4.30pm - 5.00pm | SESSION 14 – CLOSING SESSION | | | | |
| | Prizes and Awards | | | | |
| | 2017 AAG Conference launch | | | | |
| 5.00pm - 6.00pm | | | | | |
| SOCIAL FUNCTION | | | | | |
| | Farewell Celebration | | | | |

POSTER PRESENTATIONS

Ageing well

1. Sexual activity and physical tenderness in older adults
Rosanne Freak-Poli
2. Coaching for healthy ageing: Recruiting an older population
James Wickham
3. Living with and experiencing ageing as an older person
Peta Cook
4. Reducing age related cognitive decline and depression through brain training
Karen Murphy
5. Volunteering benefits life satisfaction and cognitive functioning in elderly
Diane Hosking
6. Benefits not just risks of UV exposure in older adults
Fiona Wright

Informal care-giving

7. Re-balancing policy: Informal care relationships underpinning individualised Home Care Packages
Cathy Duncan
8. Australia's 'Sandwich Generation': Stress, coping and subjective well-being
Michelle Bennett
9. Responsibility and quality of life: nutrition-related roles of family carers
Skye Marshall
10. Caregiver Burden: Its impact on caregiver's health and quality of care
Abiodun Adewole
11. Baseline characteristics of carers and recipients in the IMPACCT study
Sue Malta

Hospital care

12. The profile of older frequent attenders to the emergency department
Debra Berry
13. Review: Re-imagining hospital care for people with dementia
Kara Cappetta
Lyn Phillipson

14. Efficacy of prehabilitation in older patients undergoing elective surgery
Sook Ting Lee
15. CogChamps – A model of implementing evidence-based care in hospitals
Catherine Travers

Consumer directed care

16. Consumers and citizens: The changing, and unchanging, roles of clients
Andrea Petriwskyj
17. Engaging older persons with multi-morbidity in health decisions: Rethinking our approach
Lyn Phillipson
18. Early insights into older consumer experiences with consumer directed care
Peter Summons
19. Will CDC help low income older renters age in place?
Victoria Cornell
20. Are we providing person-centred care for people with dementia? Findings from direct patient observation
Carol Roberts

Workforce development

21. Occupational health and safety in the provision of care
Linda Isherwood
22. Mental health skills training for nurses in psychogeriatric inpatient care
Julie McGibbon
23. A diversity training workshop for community health and aged care
Arti Appannah
24. Culture change made aged care more attractive
Jacqueline Kay
25. Knowledge and stereotypes of Alzheimer's disease in health professionals
Emma Pretorius
26. Severe Behaviour Response teams: The international evidence
Anita Westera

Technology

27. Let's Connect – Providing social opportunities through technology
Deborah Fraser
28. Service Navigation for Dementia in Rural Communities (SENDER) app
Irene Blackberry
29. Evaluating arm swing using wearable cameras during pole walking
Ken Yamauchi
Akira Ogita
30. Ambient fall detection in aged care: Evaluating the ELSI SmartFloor
Aaron Wyllie
31. Aging with Alzheimer's: Dementia Village Singapore
Min Yi Yap

Community-based service provision

32. The experience of Malaysian occupational therapists in assessing the home
Muhammad Hibatullah Romli
33. Comprehensive geriatric assessment in primary care: Findings from realist review
Irene Blackberry

Diversity

34. Diversity training for aged care workers: An interdisciplinary meta-narrative approach
Claudia Meyer

Frailty

35. Frailty in people seeking aged care with a Victorian provider
Stephen Burgess
36. Frailty amongst community dwelling older people: a national prevalence survey
Stephen Burgess
37. Measuring functional performance – Are we doing it right?
Benjamin Fox
38. Diversity of falls characteristics hampers effective prevention strategies
Kerrie Sanders

End of life care

39. Models of end-of-life care in nursing homes: Integrative systematic review
Elissa Campbell
40. The ageing dividend: Care workers, end of life and recognition
Susan Banks

Health policy and planning

41. Understanding current mealtime care to meet future needs
Michelle Bennett
42. Quality nutrition: A review of intervention evidence in RAC
Skye Marshall
43. Regional data supporting aged care in a culturally diverse Australia
Jenni Joenpera

Disease management

44. Nursing provision of pain comfort care for older hospitalised persons
Joanne Harmon
45. Dehydration in older medically ill hospital patients
Catherine Travers
46. The prevalence of psychotropic drug use in Australian aged care
Mitchell McMaster
47. Dished out like hot chips? Current psychotropic use in AgedCare
Juanita Westbury

Dementia

48. Dementia in emergency department: Behavioural symptoms and chemical restraint use
Joanne Tropea
49. Caring for Australians with dementia – Planning for care needs
Juliet Butler
50. Recruiting people with and without dementia for residential care studies
Lua Perimal-Lewis
51. Enabling wellbeing by providing choice: Negotiating risk in dementia care
Dianne Goeman

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