The aged care workforce is under pressure to provide quality care in an environment that is rapidly changing around them. This seminar invites participants to address these pressures within themselves; and to re-connect with their capability to lead for genuine quality of life and quality of care for older people. We are approaching these challenges through multiple lenses, including addressing ageism, stepping up in the midst of the challenge of CDC, and applying a radically different approach to palliative care for people with dementia.

The seminar also includes a brief introduction to the work of Meaningful Ageing Australia (formerly PASCOP).

Participants will:
• Consider the role of spirituality in your organisation’s work
• Understand how to push back against ageism
• Explore switching staffing models towards more personalised care
• Develop personal resources to rise above the pressures around you

Topics and Speakers

- **Update on Meaningful Ageing Australia**
  Presented by: Ilsa Hampton,
  CEO Meaningful Ageing Australia

- **Insulating Against Ageism**
  Presented by: Dr Catherine Barrett,
  Director of Celebrate Ageing (The Tea Cosy Project),
  Director of the OPAL Institute

- **Seize the opportunity for holistic care**
  Presented by: Kay Horgan,
  Director and Founder of AgeWorks

- **Meaningful Comfort Care**
  Presented by: Kerry Whitlock,
  Palliative Care Specialist – Quality, Uniting AgeWell