

Carers & Ageing

NCCP-SA Model of Intervention



The Beginning of Grief

Becoming a Carer – the circumstances surrounding this

Delivering the news

Changing of roles and relationships

Family effects

Financial impact

Social impact

Health aspects

Fears of Ageing Carers

1. Who will do this when I am gone?
2. Who will care for me?
3. How do I keep the family protected from this role?
4. What happens about finances in relation to residential placement?

Differences in Ageing Carers

Older carers are:

- Accustomed to doing it quietly/alone
- Are unlikely to ask for assistance
- Are unlikely to complain too loudly
- Often believe that they have no choice

Different Carers- Different Losses

Spouse/Partner caring

Loss of sexual partner

Loss of income

Loss of normal role in relationship

Loss of sleeping together

Unrecognised Grief

Failure to acknowledge the Carer
Loss of the relationship as it was
Loss of the person as they were
Change of workers
Loss of services
Unrecognised or unacknowledged
relationships

Implications for Intervention

Asking questions and then listening with insight & knowledge

Being available, flexible & responsive

Linking with services & advocating

Encouraging & supporting planning efforts

Different age groups require different interventions

Understanding of cultural influences

NCCP-SA

What do we do?

Provide 1:1 support

Provide family therapy

Advocate if required

Refer on

Negotiate long term support

Offer group counselling & information