



AUSTRALIAN  
ASSOCIATION OF GERONTOLOGY



# WICKING

DEMENTIA RESEARCH  
& EDUCATION CENTRE

CLINICAL  
NETWORKS  
TASMANIA

AGED CARE and  
REHABILITATION

## ***HEALTHY AGEING AND THE BRAIN: HOW TO PREVENT DEMENTIA***

### ***Guest Speakers:***

**Professor James Vickers**

**Co-Director, Wicking Dementia Research and Education Centre**  
*Relevance of Brain Plasticity for Healthy Ageing and Dementia*

**Dr Mathew Summers**

**Research Fellow Wicking Dementia Research and Education Centre**  
*Tasmanian Healthy Brain Project*

**Kelly Limbrick**

**PhD Candidate School of Psychology University of Tasmania**  
*The Active Cognitive Enhancement Program (ACE): A multi-dimensional  
mental fitness training program for healthy older adults*

**Sheila Given**

**Participant ACE Program**  
*An ACE participant's perspective*

### **EVENT DETAILS – ALL WELCOME**

**Date & Time:** 2:00pm to 4:00pm, *Light Refreshments at 3.30pm*  
**Wednesday 15 June 2011.**

**Venue:** Menzies Building, 17 Liverpool Street, Hobart.

Ground floor Lecture Theatre.

**Cost:** Gold Coin Donation (at the door)

**RSVP:** Di Carter [d.m.carter@utas.edu.au](mailto:d.m.carter@utas.edu.au) for catering purposes