

Each year AAG (NSW Division) organises a conference to bring information on new developments in ageing research, policy, education and service provision to rural areas. This year's conference, organised in conjunction with the Division's Hunter Chapter, will highlight positive lifestyle and positive ageing, new or alternative approaches to aged care, and specific issues for rural areas and indigenous ageing. It will be of particular interest to AAG members, policy makers, social planners, researchers, students, aged care and health service providers.

The Tamworth conference location offers a perfect base for pre- or post-conference touring in the Tamworth and Hunter Valley regions. Tamworth is not only Australia's home of Country Music but also a vibrant regional centre which promotes a relaxed lifestyle combining rural ambience and cosmopolitan highlights.

AAG welcomes your interest and we invite you to join us as we explore and encounter the many positive features of ageing. We hope you can join us for a fabulous couple of days of country hospitality, Tamworth-style!

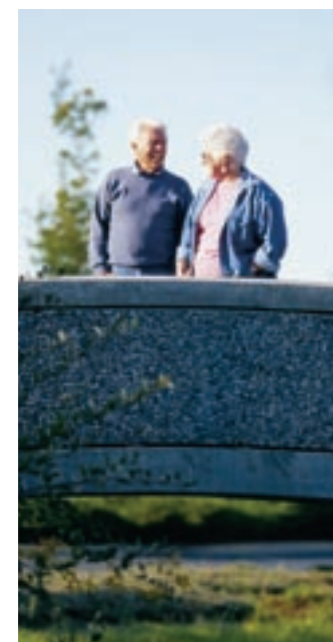
Felicity Barr, President, Australian Association of Gerontology (NSW Division)  
Viv Allanson, President, Australian Association of Gerontology (Hunter Chapter)

**ABOUT THE AAG**

Australian Association of Gerontology (NSW Division) is a volunteer organisation under the leadership of a multi-disciplinary executive group. The AAG provides education and information for individuals, researchers and organisations interested in ageing and aged care. An annual two day regional conference along with regular seminars, a periodic newsletter and policy submissions are the major activities used to achieve the Association's objectives of promoting research and education on the issues of ageing. Further information: [www.aag.asn.au](http://www.aag.asn.au) or contact Janet Gilchrist, AAG Executive Officer at (02) 9767 7158.

**GETTING THERE -**

Tamworth Regional Entertainment Centre (TREC)  
**By road:** Approximately midway between Sydney and Brisbane on the picturesque New England Highway.  
**By air:** Daily QantasLink flights from Sydney and Sunshine Express flights from Brisbane.  
**By train:** Daily departures from Sydney on Countrylink.



**VENUE**

The conference venue is the TREC, which is on Greg Norman Drive, 5kms south of Tamworth CBD on the New England Highway. It is within a short drive of motels, shops and the central business district. Plentiful all-day parking is available.



**CONFERENCE DINNER**

Included in the 2-day conference registration fee is the Conference Dinner which will take place at The Pavilion Function Centre, approximately 10 minutes out of Tamworth on the road to Nundle, off the New England Highway. Complimentary return coach transfers will be available from selected accommodation in town for this evening. Entertainment and availability of great wines will complete the evening of elegant country fun. Additional dinner tickets can be pre-booked for \$65 / person.



**REGISTRATION FEES**

Included: Conference sessions as indicated; delegate conference materials; teas and lunches as per Program; plus one ticket for Conference Dinner (\*not included for 1 Day delegates) and Certificate of Attendance.

Delegate Category	2 Days (includes GST)	1 Day (includes GST)
AAG Member	\$230 per person	\$138 per person
Non-AAG Member	\$295 per person	\$190 per person
Concession (Pensioner or Student card holders)	\$165 per person	\$100 per person
Conference Dinner : (included)	\$65 each for additional guests	Not included

**Accommodation Options**

All accommodation in the Tamworth area can be booked directly with the Tourism Tamworth Information Centre by calling 02 6767 5322 or emailing Lauren Dale on [l.dale@tamworth.nsw.gov.au](mailto:l.dale@tamworth.nsw.gov.au). A limited number of rooms have been blocked for AAG Conference delegates at the following properties. Please check with the Visitor Information Centre for availability and confirmed rates. Please note: Full pre-payment of all accommodation charges will be required to confirm accommodation booking.

**Abraham Lincoln Motel** - 3.5 star

Just north of the CBD on Armidale Road  
\$93.50 -single  
Rate per night GST Inclusive  
\$99 - double/twin  
Country hospitality motel on large grounds set back from the road; quality units.

**Country Comfort Tamworth** - 3.5 star

A 5 minute walk to the town centre  
\$108 single/double/twin  
Rate per night GST Inclusive  
Wide variety of guest rooms at this popular motel. Heated pool and spa with award winning restaurant.

**Quest Apartments** - 4.5 star

1.2 km from city centre on Armidale Road  
\$140 - One-bedroom unit  
\$180 - Two bedroom unit  
Rate per night GST Inclusive  
Range of modern and spacious fully-equipped apartments with kitchen, laundry, separate lounge and dining areas.

**Quality Hotel Powerhouse** - 4.5 star

Located 2 minutes from city centre on Armidale Road  
\$155 - single/double/twin  
\$185 - Family Suites  
\$200 - Kitchen Suite  
Rate per night GST Inclusive  
Popular boutique hotel with award winning restaurant, health centre, pool/sauna and well appointed rooms.

**How to register:**

1. Complete the attached Registration Form and return to Conference Coordinators via fax (02) 6650 9700 or post to PO Box 848, Coffs Harbour NSW 2450.
2. Payment: please note payment details for credit card, cheque (made payable to 'East Coast Conferences') or follow electronic deposit instructions. Please note the Registration Form is a TAX INVOICE.
3. Make your accommodation booking request with Tourism Tamworth Information Centre by calling (02) 6767 5322 or emailing [l.dale@tamworth.nsw.gov.au](mailto:l.dale@tamworth.nsw.gov.au). Fax is (02) 6767 5312.
4. Once payment is made, you will receive a confirmation letter.

**Registration deadline:**

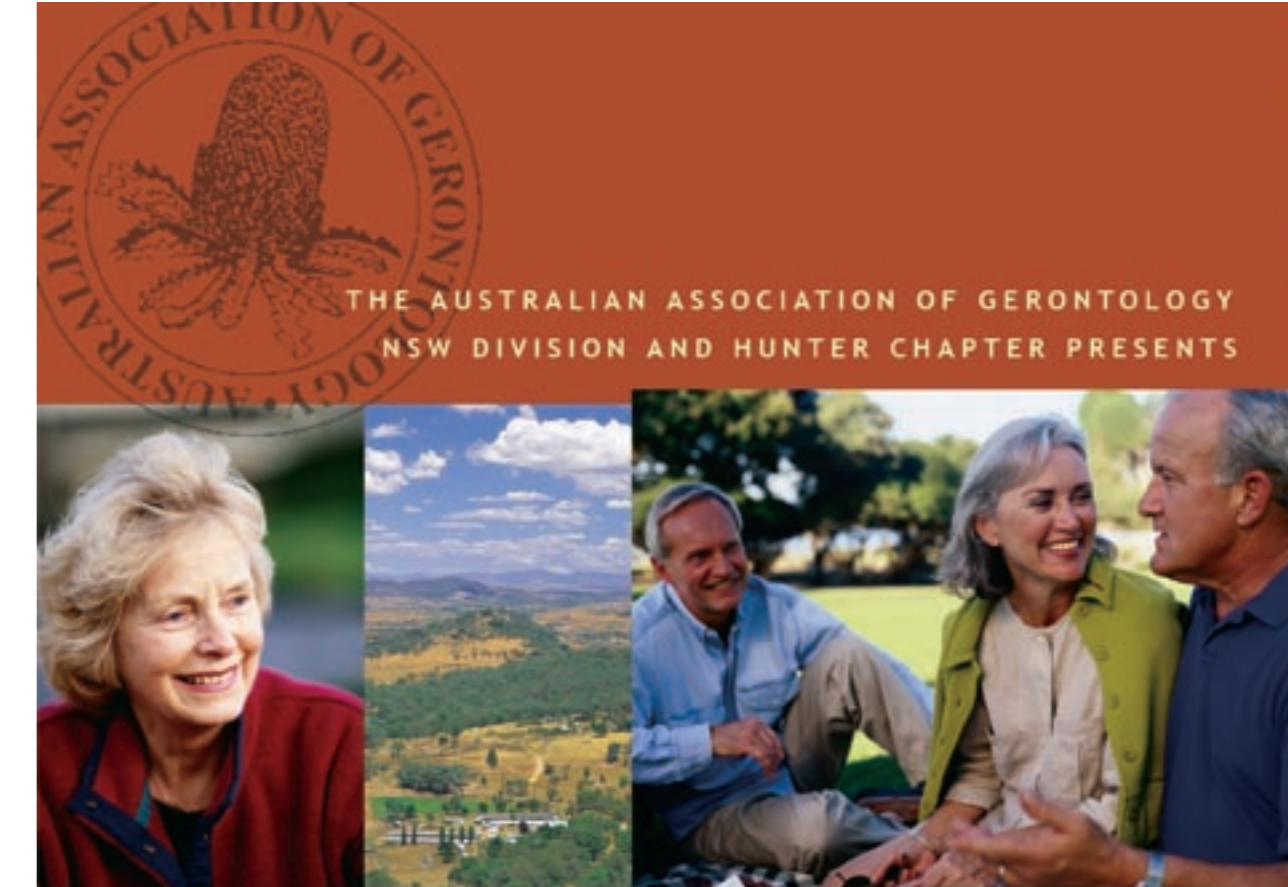
Close of business on **Friday 17th March 2006.**

**Cancellations or alterations policy:**

Cancellations received in writing on or before Friday 10th March 2006 will be subject to a refund, less 50%. No refunds after close of business 10th March 2006, however substitute delegates are accepted. All alterations must be received no later than 17th March 2006 and must be in writing forwarded by post, facsimile or e-mail to Conference Coordinators at East Coast Conferences (fax: 02 6650 9700 or PO Box 848, Coffs Harbour, NSW 2450).

**Further Information**

Julia Atkinson or Jane Howorth  
Conference Coordinators - AAG NSW Rural Conference 2006  
East Coast Conferences  
PO Box 848, Coffs Harbour, NSW 2450  
Tel: 1300 368 783 or (02) 6650 9800  
Fax: (02) 6650 9700



AAG Rural Conference  
**POSITIVE AGEING**  
Something to Sing About  
23-24 MARCH 2006  
TAMWORTH REGIONAL ENTERTAINMENT CENTRE  
TAMWORTH NSW

- Research & Informaton on Ageing
- Nationally-Recognised Speakers
- Selected Workshops
- 'Classic Country' Conference Dinner

Amity GOLD SPONSOR  
TAFE HUNTER NEW ENGLAND NSW@HEALTH

DAY 1 • THURSDAY 23RD MARCH

8.00 - 9.00am Registration Foyer, Tamworth Regional Entertainment Centre, Tamworth NSW

SESSION 1

9.00am Welcome to Country  
Special performance by Gumbangerrii Elders Choir  
9.15am Welcome Felicity Barr, President AAG (NSW Division)  
9.20am Welcome to Tamworth, Mayor of Tamworth, Cr James Treloar  
9.30am **Music: A strategy to create social links for older people**  
Dr Ruth Bright, AM, D.Mus. Registered Music Therapist, Adjunct Lecturer, University of New England (School of Health)  
10.00am **Keynote Address**  
Dr Laurie Buys, President elect of AAG National  
10.25am Presentation by Amity Group, Gold Sponsor

10.35am Morning Tea

CONCURRENT SESSION 2A  
**Lifelong Engagement: jiving to the beat**

**11.00am**  
*Close encounters of the third kind: sex and sexual expression in residential aged care* - Michele Chandler, PhD Candidate, University of New England

*Empowering the ageing: something to sing about* - Audrey Guy, PhD Candidate, University of Canberra

*Gerontology in Gerontology: integrating humour therapy into dementia care* - Helga Merl, Manager and Laughter Boss, Dementia Advisory Service, Northern Sydney Central Coast Health

*Keeping the doors open: singing for your supper after 50* - Beryl Shaw, Principal, Another Life Services

*Creative arts, well-being and the older person: the Australian National Choral Festival* - Dr Terrence Hays, Faculty of Education, Health and Professional Studies, University of New England

CONCURRENT SESSION 2B  
**New Models of Care: marching to a different drummer**

**11.00am**  
*Rural interventions to prevent falls in the elderly: a review of the evidence* - Karyn Blackman, Lecturer, University Department of Rural Health, University of Newcastle

*HACC links to health: the HHeLP Program, a community nursing program that is providing HACC services and clients with additional short-term assistance during episodes of illness or injury* - Gary Bruderlin, RN Team Leader, Northern Sydney Central Coast Health Service

*A palliative care approach to pain recognition and management in Dementia Units* - Dr Isabel Higgins, CNC, Research and Practice Development, John Hunter Hospital, HNEAHS

*Innovative practice: changing models of care for older people in the acute hospital setting* - Carmel Peek, Service Manager, Director of Nursing, John Hunter Hospital

*The detection and management of people with dementia* - Professor Dimity Pond, Head, Discipline of General Practice, Faculty of Health, University of Newcastle

SESSION 3B Workshops

2.00pm **1. Ethical dilemmas...how can we assist carers of people with dementia?** Elaine White, RN, HIHE Newcastle; Diana Ford, RN HIHE Newcastle; Fran Dumont, RN and CNC, Acute Dementia Care  
**2. Issues, challenges and opportunities for rural ageing research** Professor Victor Minichiello, Faculty of Education Health and Professional Studies, University of New England; Professor Colleen Cartwright, Aged Services Learning and Research Collaboration (ASLaRC), Southern Cross University; Professor Hal Kendig, Research Professor of Ageing and Health, University of Sydney  
**3. Exploring visual, oral and emotional literacies through the Mature Men Matter Project** Ros Foskey, PhD Candidate, School of Health, University of New England  
**4. Working with diverse communities** Ivan Skaines, Treasurer, Rainbow Visions Hunter

3.00pm Afternoon tea

CONCURRENT SESSION 4A  
**Assessment, rehab and aged care: keep on rockin'**

**3.30pm**  
*Annual health assessments for the elderly: measures of uptake of the new service and characteristics of users* - Professor Julie Byles, Director, Centre for Research & Education in Ageing, University of Newcastle

*The practice of care: nursing the patient person in a Geriatric Assessment Unit* - Dr Judith Clarke, University of Sydney

*Keeping the beat: a research project on baroque music and its impact on people with dementia in a residential aged care setting* - Janelle Tavender, Maroba Nursing Home

*The social networks of rural nursing home residents* - Glenda Parmenter, School of Health, University of New England

*Patterns of use of community services among older people living in urban, rural and remote NSW communities* - Professor Hal Kendig, Faculty of Health Sciences, University of Sydney

5.00pm Close of Day 1

7.00pm Conference Dinner, The Pavillion Function Centre

**Heritage Oration:** Val Dahlstrom, Area Manager, Aboriginal Health, New England Area Health Service

**Aboriginal healthcare in New England - have we advanced to the stage where older people's health is an issue?**

CONCURRENT SESSION 4B  
**Highs and lows of ageing: it don't mean a thing if it ain't got that swing**

**3.30pm**  
*Enhancing quality of life through music for older people with special needs* - Dr Terrence Hays, Faculty of Education, Health and Professional Studies, University of New England

*Women and arthritis: the burden of suffering for older Australian women* - Dr Lynne Parkinson, Centre for Research and Education in Ageing, University of Newcastle

*Effectiveness of a multi-factorial, evidence-based approach to falls reduction in residential aged care facilities* - Mandy Harden, Project Officer, CARE Network, HNEAHS

*Assessing falls efficacy following a community based falls prevention program for the elderly* - MC Swann, Occupational Therapist, Prince of Wales Hospital

*Medication review: patient selection and general practitioner's report of medication-related problems and actions taken* - Sabrina Pit, University of Newcastle

DAY 2 • FRIDAY 24TH MARCH

8.30am Registration

SESSION 5

9.00am Welcome to Day 2  
Felicity Barr, President AAG (NSW Division)  
9.10am **Keynote Address**  
Jeff Nelson, Manager, Aboriginal Policy Unit, DADHC  
9.50am **Back to the Future - 40 years of aged care in New England**  
Paul Cook, CEO, McLean Memorial Retirement Village, Inverell  
10.20am Presentation by TAFE Community Services

10.30am Morning Tea

CONCURRENT SESSION 6A  
**Older people in Acute Care: Searching for harmony**

**11.00am**  
*A dementia training resource for staff working in acute care hospitals in NSW* - Carol Penning, UnitingCare

*Nurses' and doctors' perceptions and attitudes to patient nutrition and hydration at the end of life* - Dr Isabel Higgins, CNC, Research and Practice Development, John Hunter Hospital HNEAHS

*The immediate needs of carers during the hospitalisation of acutely ill older relatives* - Dr Terry Joyce, Senior Research Officer, CAPRE, Faculty of Health, University of Newcastle

*She's a good nurse, a very good nurse...but...* - Lynne Slater, School of Nursing and Midwifery, University of Newcastle

12.30pm Lunch

SESSION 7

1.30pm **Multi-disciplinary Advance Care Planning in a regional community**  
Professor Colleen Cartwright, Aged Services Learning and Research Collaboration (ASLaRC), Southern Cross University  
**Keynote address**  
Professor Victor Minichiello, Faculty of Education Health and Professional Studies, University of New England

**Fit and well at 80**

Professor Julie Byles, Director of Centre for Gender, Health and Ageing, University of Newcastle; and co-Director Newcastle Institute of Public Health

3.00pm Close of conference, followed by refreshments

*Note: Program is correct at time of printing; however, the conference organisers reserve the right to alter the program as necessary.*

CONCURRENT SESSION 6B  
**Older people and their communities: country rock and urban groove**

**11.00am**  
*Positive ageing at home, an indigenous story* - Carol-ann Maher, Manager, Indigenous CACP and EACH Programs, Nambucca Valley Community Services Council Inc

*Volunteering and older women* - Dr Lynne Parkinson, Centre for Research and Education in Ageing, University of Newcastle

*Queer eye for the old guys (and girls): issues in gay, lesbian, bisexual and transgender gerontology in urban and regional NSW* - Ivan Skaines, Rainbow Visions Hunter

*Rural and small town ageing: silver-haired health workers and positive policy response* - D Lucas, Demography, Australian National University

*The social networks of older residents of a coastal resort* - Felicity Barr, PhD Candidate, University of Sydney

REGISTRATION FORM

AAG Rural Conference 23 - 24 March 2006

**POSITIVE AGEING: 'SOMETHING TO SING ABOUT'**

Tamworth Regional Entertainment Centre, Tamworth NSW

Please register me for this conference:  
A separate registration must be made for each delegate

Title: \_\_\_\_\_ First Name: \_\_\_\_\_ Surname: \_\_\_\_\_

Organisation: \_\_\_\_\_ Position: \_\_\_\_\_

Mailing Address: \_\_\_\_\_ Postcode: \_\_\_\_\_

Tel: ( ) \_\_\_\_\_ Mob: \_\_\_\_\_ Email: \_\_\_\_\_

Conference Dinner: Will you be attending?  Yes  No # of extra tickets at \$65 ea.....

Names of additional guest(s) \_\_\_\_\_

Special requirements eg diet, access \_\_\_\_\_

Please tick this box if you do not want your details to appear on a list of attendees

Included in Full Registration Fee:

All conference sessions and conference materials; teas and lunches for 2 days;

Certificate of Attendance and Conference Dinner (The Pavillion, 23 March)

Registrations are transferable but there will be no refunds after 10 March 2006.

TAX INVOICE (All prices include GST) East Coast Conferences ABN 24 834 778 896

Category	Full Conference	1 day only	Total
AAG Member	\$230	\$138	\$
Non-AAG Member	\$295	\$190	\$
Concession (Pensioner or Student card holders)	\$165	\$100	\$
Extra Conference Dinner	\$65	\$65 (not included in 1-day)	\$
			<b>TOTAL \$</b>

PAYMENT: Total inc GST \$ \_\_\_\_\_

Cheque or money order enclosed (payable to: 'East Coast Conferences') - or -

Electronic deposit to BSB 082 551 (National Australia Bank), Account # 57 878 2889 (East Coast Conferences) include reference to your surname -- or

Credit Card Payment Type of card (please circle) MasterCard Visa Bankcard

Card Number \_\_\_\_\_ Exp: \_\_\_\_\_/\_\_\_\_\_

If you would like a separate Tax Invoice receipt forwarded, please complete the following:

Name of Recipient: \_\_\_\_\_ Recipient's Address: \_\_\_\_\_

Please return this completed form with payment to: East Coast Conferences

PO Box 848, Coffs Harbour NSW 2450 or fax to (02) 6650 9700

Further information: tel 1300 368 783 info@eastcoastconferences.com.au

